FAQ | Premiere’s Pain Spray Mix & Match

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**What is Pain Spray Mix & Match?** Pain Spray Mix & Match is complete pain relief system that combines Original Pain Spray Mist and Pain Spray Roll-On. You can choose how many of each you want based on your personal pain relief needs. Plus you earn volume discounts! Both Mist and Roll-On are popular with people of all ages, living with various aches and pains. Less than 2 minutes after the formulas are applied, pain subsides and the relief last for hours. Safe & non-habit forming.

**Who should use Pain Spray Mix & Match?** Pain Spray Mix & Match is designed for anyone who needs extra-powerful muscle and joint pain relief. Instead of fighting the pain one way, you deliver a double-punch and the result is more comfort, FAST. Start with an application of Original Pain Spray. Pump the slender spray mist bottle to cover large areas of surface skin without ever touching the places that hurt. Then follow with an application of Pain Spray Roll-On, targeting hard-to-reach places along with the most painful spots. Mix & Match is perfect for people with chronic pain conditions like arthritis, carpal tunnel, tendonitis, pinched nerves, sciatic, restless leg syndrome or fibromyalgia. Equally good for active adults and weekend sports enthusiasts who rely on it to soothe occasional sore muscles, pulled ligaments, backache, tired hands or puffy feet.

**How often can Pain Spray Mix & Match be used?** Because Original Pain Spray Mist and Roll-On are all natural pain remedies, you can use either of them – or both – as often as you like. Some people find that a single application in the morning offers all-day relief. Others like to re-apply periodically throughout the day. The more you use, the stronger the effect. There’s no mess, like old-fashioned creams, gels and ointments. And both formulas smell as refreshing as a field of wild peppermint.

**What ingredients are in Pain Spray Mix & Match?** Original Pain Spray and Pain Spray Roll-On contain only FDA-approved ingredients. The most powerful is extra-pure imported menthol. Natural wintergreen, eucalyptus and peppermint oils are added to enhance the therapeutic benefits and lend a refreshing aroma. Then a variety of herbal moisturizers are mixed in, to help protect skin from dryness. Finally, a light botanical thickener is added to Pain Spray Roll-On, making it a sheer liquid-gel that slides on effortlessly, stays exactly where you put it, and dries quickly. Original Pain Spray and Pain Spray Roll-On are both greaseless. They won’t stain skin or fabrics.

**How exactly does Pain Spray Mix & Match work?** When nerves, muscles or joints are irritated, they send powerful pain signals to the brain. The body’s natural reaction is to tense up. Unfortunately, that tension only increases the perception of pain.  And the body tightens even more. It’s a vicious cycle. Original Pain Spray Mist and Pain Spray Roll-On can stop pain fast because they take advantage of an important medical fact: the brain can process only one new sensory message at a time. By replacing pain signals with equally intense alternatives (initially a rejuvenating cool sensation followed by deep, soothing warmth) these herbal pain formulas interrupt the pain-tension-pain cycle.

**How long does the pain relief last?** Count on hours of relief. And the more you apply, the longer it will last. Typically, the formulas soothe discomfort for 1 to 5 hours, depending on the severity of the symptoms and the amount you use. Enjoy added benefit by taking a hot bath or shower before applying. The warm water will gently open your pores, allowing the powerful herbal formula to sink deeper down, easing even more of the pain.

**Can Pain Spray Mix & Match become addictive?** No, both formulas are 100% non-habit forming and never cause drowsiness. In fact, they’re associated with absolutely no harmful side effects.

**Does Pain Spray Mix & Match interfere with prescription drugs?** No, neither formula interferes with the efficacy of any prescription medication. In fact, a Mix & Match Pack can be a wonderful "companion" to many traditional pain relief treatments and drugs.